New ECHO Series: Integrative Primary Care & Substance Use Disorder Treatment
Every other Friday, noon – 1 pm, starting January 21, 2022
We are excited to introduce a new ECHO series, Integrative Primary Care & Substance Use Disorder Treatment. Join Elizabeth Howell, MD, MS, Director of the University of Utah Addiction Psychiatry and Addiction Medicine Fellowships, Steven Godin, PhD, MPH, PHI Certificate, and other addiction experts as we explore treating substance use disorder (SUD) in the primary care setting and strengthening community networks to support recovery. Topics will range from the basics of diagnosing and treating SUD to learning how to destigmatize SUD in the community. Sessions will include both didactic and case presentation components. We invite you to come learn more and participate in open discussions around this growing issue in our communities. More details about the curriculum will be available in the coming weeks.
Register in advance for this meeting: Zoom Registration

New ECHO Series: PASC and Post-Viral Syndrome ECHO
Every other Tuesday, from noon – 1pm, Launching March 1, 2022
To date, approximately 48 million cases of COVID-19 have been reported in the United States, (CDC Data Tracker). The CDC and AAPM&R predict between 10%-30% of people who had COVID-19 will go on to develop Post Acute Sequelae of COVID-19 (PASC), also known as Long COVID (AAPM&R). The impact this post-viral syndrome is having on our healthcare and economic system(s) is overwhelming and not sustainable. While Post-COVID Care Clinics (PCCC) are increasing around the United States, they remain saturated with long wait lists. It is critical to equip healthcare professionals, of varying skill level and specialty, with adequate knowledge and tools to effectively approach and manage the care of patients with PASC without relying solely on PCCC. Early and informed interventions ensure disease manageability and improves the patient’s overall wellness and functionality.
Lucinda Bateman, MD, Brayden Yellman, MD, and Jeanette Brown, MD will be the lead mentors for this ECHO series. Cohort participants will be able to submit patient cases after an introductory group of sessions.
For more information on how you sign up as a participant in this limited cohort group click HERE

Stay tuned for more information coming January 2022 regarding this important new offering
**Behavioral Health:**
Held weekly on Thursdays from noon – 1pm. We hope you can join us for these important and timely sessions on Substance Use Disorder and Addiction.

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<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>December 2</td>
<td>Stimulant Use Disorder</td>
<td>Greg Jones, MD</td>
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<tr>
<td>November 9</td>
<td>Cannabis Use Disorder</td>
<td>Jeff Clark, MD</td>
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<td>November 16</td>
<td>Case Presentations</td>
<td>Paula Gibbs, MD, Carlie Benson, MD</td>
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Please submit your patient cases for this session.

For questions please reach out to Sarah Day, sarah.day@hsc.utah.edu

[CLICK HERE TO SUBMIT A CASE](#)
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**COVID-19:**
Held monthly on Mondays from noon – 1pm

*No COVID-19 ECHO in December we will be back January 2022*

For questions reach out to Sarah Day, sarah.day@hsc.utah.edu

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**Endocrinology:**
Held monthly on Tuesdays, from noon – 1pm

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<tbody>
<tr>
<td>December 14</td>
<td>Principals of Insulin Pumps</td>
<td>Gitana Staskus, MD, CCD</td>
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For questions reach out to Genevieve Ellis, genevieve.ellis@hsc.utah.edu

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**Family Planning ECHO:**
Held the 2nd Wednesday of Every Month, 7:30am - 8:30am

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<tr>
<td>December 8</td>
<td>Complex Feelings Around Pregnancy</td>
<td>Jen Robinson (she/her), MS, WHNP-BC, CNM and Connie Folse (she/her), MPH, CHES</td>
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Have you ever had a client with whom you were confused about whether or not they desired pregnancy? Or maybe a client who indicated they weren’t trying to get pregnant but they weren’t using (or weren’t interested in using) birth control? Desires and feelings about pregnancy are very complex and influenced by many factors and mixed feelings about pregnancy are extremely common. In this webinar, we will deconstruct the concept of pregnancy ambivalence and review strategies to support reproductive autonomy in the primary care setting. Case presentation to follow the didactic session with Amy Clement, MD.

For questions please reach out to Erica Torres, erica.torres@hsc.utah.edu

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**Gastroenterology & Liver Care:**
Held bi-weekly on Tuesdays from 7:30 – 8:30 am with Shaun Chandna, DO (Hepatology), Kathleen Boynton, MD (Gastroenterology), John Valentine, MD (Gastroenterology), and Tony Dalpiaz, Pharm D (Clinical Pharmacy).

For questions reach out to Jared Price, jared.price@hsc.utah.edu

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**Hepatitis C Virus:**
Held weekly on Fridays from 11:30 am – 1pm with Keisa Lynch, DNP, APRN, FNP (Hepatology) and Tony Dalpiaz, Pharm D (Clinical Pharmacy)

**No HCV ECHO Clinic December 24**
**No HCV ECHO Clinic December 31**
For questions reach out to Sarah Day, sarah.day@hsc.utah.edu
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**Pediatrics:**
Held Wednesdays from noon – 1pm
**December 8:** Peer Mentors, Karissa McDonald
**December 15:** Trauma, Substance Exposure, and Sensory Concerns, Pat Boyle
For questions please reach out to Michelle Redfield, michelle.redfield@hsc.utah.edu
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**Post-Acute Care:**
**Held the second Wednesday of the month from 11:00 – noon**
Please join us as we relaunch our Post-Acute Care ECHO. Sessions will be held once a month on the second Wednesday of the month from 11:00 am - noon. This will be in collaboration with the Utah Department of Health HAI team. Sessions will focus on infection prevention, higher-acuity care, and quality improvement. Jason Spaulding, MD and Adrienne Butterwick, MPH CHES will lead these sessions along with Utah Department of Health HAI team members.

**December 8:** COVID Variants
For questions please reach out to Sarah Day, sarah.day@hsc.utah.edu
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**Pregnancy Care:**
Held bi-weekly on Fridays from noon – 1pm
**December 3:** Antenatal Steroids: Common Questions, Amy Sullivan, MD
**December 17:** Pregnancy Risk/ Mother to Baby, Al Romeo, PHD, RN
For questions please reach out to Allie Evans at allie.evans@hsc.utah.edu
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**Safe and Healthy Families ECHO**
This meeting is held bi-weekly on Thursdays from noon – 1pm.
Mentors for this series include Kristine Campbell, MD, MSc, and Antoinette Laskey, MD, MPH, MBA.

**December 9:** Intergenerational Poverty, Tracy Gruber, Director, Dept of Human Services, Utah
For questions please reach out to Tori Gean, victoria.gean@hsc.utah.edu
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Data Usage Notification

In order to support the growth of the ECHO movement, Project ECHO® collects participation data for each ECHO program. This data allows Project ECHO to measure, analyze, and report on the movement’s reach. It is used in reports, on maps and visualizations, for research, for communications and surveys, for data quality assurance activities, and for decision-making related to new initiatives. Please contact us at project.echo@hsc.utah.edu with any questions or concerns.