April 2022 Newsletter

Upcoming ECHO sessions

To register for any of our Project ECHO Clinics use your phone camera and scan this QR Code to register

To learn more or join us for one of the sessions visit our website
https://physicians.utah.edu/echo/

For questions please contact us at project.echo@hsc.utah.edu

Launching This Month New ECHO Series: Long COVID and Post-Viral Syndrome

Held bi-weekly starting April 19, 2022 noon -1pm

The University of Utah Project ECHO team will provide training, mentorship, and support to learners on the current best practices and evidence-based care management of patients with PASC (Long COVID) and Post-Viral Syndromes.

Lucinda Bateman, MD, Brayden Yellman, MD, and Jeanette Brown, MD will be the lead mentors for this ECHO series. Participants will be able to submit patient cases after an introductory group of sessions.

The CDC and AAPM&R predict between ten to thirty percent of people who had COVID-19 will go on to develop Post-Acute Sequelae of COVID-19 (PASC), also known as Long COVID. That means anywhere between 3 and 10 million Americans are experiencing symptoms associated with a post-viral syndrome.

It is critical to equip healthcare professionals, of varying skill level and specialty, with adequate knowledge and tools to effectively approach and manage the care of patients with Long COVID without relying solely on Post-COVID Care Clinics. Applying what we know from other post-viral syndromes such as ME/CFS, early and informed interventions ensure disease manageability and improved patient outcomes.

Register [HERE] or use this QR Code
**Autism 101:**
Held the fourth Wednesday of the month from noon – 1:00pm

**April 26:** Diagnostic Evaluation, Paul Carbone, MD; Michele Villalobos, PhD; Allison Elzey, MD; Ashley Stuart, PhD (UDAC)

For questions please reach out to Michelle Redfield, michelle.redfield@hsc.utah.edu

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**Behavioral Health:**
Held weekly on Thursdays from noon – 1pm. We hope you can join us for these important and timely sessions on Substance Use Disorder and Addiction.

**April 7:** Evaluating Sleep Complaints in Primary Care, Jeremy Stoddart, MD
**April 14:** Insomnia, Parisa Kaliush, Clinical Psychology PhD student
**April 21:** Common sleep disorders, diagnosis and management, Jeremy Stoddart, MD
**April 28:** Case Presentations

For questions please reach out to Sarah Day, sarah.day@hsc.utah.edu

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**COVID-19:**
Monday, April 11th from noon – 1pm

Session moving forward will be limited to needed updates. Check this newsletter for information on when sessions will be held. Thank you for your support of this ECHO series.

**April 11:** COVID & Pregnancy Update, Torri Metz, MD

For questions reach out to Sarah Day, sarah.day@hsc.utah.edu

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**Endocrinology:**
Held monthly on Tuesdays, from noon – 1pm

**April 26:** Opioid Induced Endocrinopathy, Vishnu Sundaresh, MD CCD

For questions reach out to Genevieve Ellis, genevieve.ellis@hsc.utah.edu

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**Family Planning ECHO:**
Held the 2nd Wednesday of Every Month, 7:30am - 8:30am (MST)

**April 13:** Accessing Abortion Care in Restrictive States: Utah as a Case Example, Kathryn Fay, MD

This session will present the features of Utah that create significant reproductive health needs and complicate access to care followed by a review of the current landscape of state regulations, which are common to many restrictive states. The session will conclude with a recognition that Utahans have long faced not just legal, but also social, geographical, and economic hurdles, and their journeys are instructive for the anticipated national changes to come. The didactic session will be followed by case reviews with Amy Clement, MD

For questions please reach out to Erica Torres, erica.torres@hsc.utah.edu

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Gastroenterology & Liver Care:
Held bi-weekly on Tuesdays from 7:30 – 8:30 am with Terry Box, MD, Shaun Chandna, DO (Hepatology), Kathleen Boynton, MD (Gastroenterology), John Valentine, MD (Gastroenterology), and Tony Dalpiaz, Pharm D (Clinical Pharmacy).
For questions reach out to Jared Price, jared.price@hsc.utah.edu
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Hepatitis C Virus:
Held weekly on Fridays from 11:30 am – 1pm with Keisa Lynch, DNP, APRN, FNP (Hepatology) and Tony Dalpiaz, Pharm D (Clinical Pharmacy)

April 8: No Session this day
For questions reach out to Sarah Day, sarah.day@hsc.utah.edu
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Integrative Primary Care & Substance Use Disorder Treatment
Held every other Friday, noon – 1 pm
Additional Sessions on “off” Fridays, noon – 1 pm (Jan 28, Feb 11, etc.) in collaboration with Utah Rural Opioid Health Consortium (UROHC) and Nurse Education, Practice, Quality, and Retention Program (NEPQR) on topics more specific to opioids and nursing

April 1: Behavioral Changes as a Result of Addiction, Elizabeth Howell, MD
April 8: UROHC: Accessing Rural Community Resources, Utah Support Advocates for Recovery Awareness Staff
April 15: Motivational Interviewing and Other Psychotherapies, Kelly Lundberg, PhD
April 22: UROHC: Role of Non-Physician Staff in Providing MOUD Services, Amber Dickamore
April 29: Trauma, Mental Health, and Addiction, Sarah Shea, CSW

For questions, please reach out to Ryan Schlehuber, ryan.schlehuber@hsc.utah.edu
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Pediatrics:
Held Wednesdays from noon – 1pm
April 6: Chronic Pediatric Pain Management, Ben Moresco, MD; Dominic Moore, MD; Zainab Kagen, MD
April 13: Enhancing Coordination and Communication by Improving Referrals, Abby Rose, Emma Baldry
April 20: Tribal Programs and Resources, Christian Curtis, Nicole Craven
April 26: Autism Model Session: Diagnostic Evaluation, Paul Carbone, MD; Michele Villalobos, PhD; Allison Elzey, MD; Ashley Stuart, PhD (UDAC)

For questions please reach out to Michelle Redfield, michelle.redfield@hsc.utah.edu
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**Post-Acute Care:**

**Held the second Wednesday of the month from 11:00 – noon**

Please join us as we relaunch our Post-Acute Care ECHO. Sessions will be held once a month on the second Wednesday of the month from 11:00 am - noon. This will be in collaboration with the Utah Department of Health HAI team. Sessions will focus on infection prevention, higher-acuity care, and audience requested topics. Jason Spaulding, MD will lead these sessions along with Utah Department of Health HAI team members.

**April 13:** Mental Health of Residents, Loneliness and Isolation, and Dementia. Anne Asman, MS

For questions please reach out to Sarah Day, sarah.day@hsc.utah.edu

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**Pregnancy Care:**

Held bi-weekly on Fridays from noon – 1pm

**April 8:** Sepsis in Pregnancy, Susan Dalton, MD

**April 22:** Prenatal Genetic Screening and Testing: An Overview, Jhennette Lauder, MD

For questions please reach out to Allie Evans at allie.evans@hsc.utah.edu

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**Safe and Healthy Families ECHO**

This meeting is held bi-weekly on Thursdays from noon – 1pm.

Mentors for this series include Kristine Campbell, MD, MSc, and Antoinette Laskey, MD, MPH, MBA.

No sessions held this month. Check back next month for our session line-up

For questions please reach out to Tori Gean, victoria.gean@hsc.utah.edu

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**Data Usage Notification**

In order to support the growth of the ECHO movement, Project ECHO® collects participation data for each ECHO program. This data allows Project ECHO to measure, analyze, and report on the movement’s reach. It is used in reports, on maps and visualizations, for research, for communications and surveys, for data quality assurance activities, and for decision-making related to new initiatives. Please contact us at project.echo@hsc.utah.edu with any questions or concerns.