SPRING INJURY PREVENTION LEARNING SERIES

This month's topic: **Wildlife Safety**
Our Injury Prevention learning series strives to create an interactive virtual learning environment for our community, community partners and health care personnel. Our focus is to provide injury prevention methods for varying high incidence mechanisms in our area as they relate to activity and season changes. Please join our health care and community experts in sharing their expertise and experience to help everyone safely navigate different seasonal activities.

April 19, 11:30am  > More Info  > YouTube

WESTERN REGION BURN DISASTER CONSORTIUM: CREEK FIRE IV VIRTUAL TABLE TOP EXERCISE

Join us for a Virtual Table Top Exercise (VTTX) of the Western Region Burn Disaster Consortium Burn Mass Casualty Incident Operations Plan, the final in the Creek Fire series. Participation in previous Creek Fire TTXs is not required. Physicians, advanced practice providers, nurses, EMS, fire, public health, emergency management, behavioral health, telemedicine, and others with an interest in burn disaster preparedness are welcome to participate.

Please reference your burn surge plan in advance to better engage in the exercise.

> More Info
YELLOW DOT & OLDER ADULT DRIVING SAFETY

The yellow dot program is designed to communicate critical information to first responders when crash victims might not be able to speak for themselves. This program also highlights information and resources for older adult drivers. Topics include: how to return to driving after a surgery or injury, changes in the body as we age and how they impact driving, and resources to start the conversation if driving is no longer a safe option for your loved one.

> Website  > More Info

ADVANCED TRAUMA CARE FOR NURSES COURSE

The 2022 ATCN Course offers an advanced collaborative approach to trauma care.

The course content covers initial trauma assessment and management, head and spine trauma, airway management, pediatric and geriatric populations, shock, stabilization and transport management, and more.

Next Date: May 20-21, 2022  > More Info

TRAUMA SURVIVORS NETWORK RACE TO REBUILD

The University of Utah Health is part of the Trauma Survivors Network. We are happy to support and participate in the 2022 Race To Rebuild.

- **What**: Race to Rebuild is a virtual 5K/1 mile run/walk/cycle/roll event that anyone can join in support of trauma survivors and the incredible challenges they face every day. This year, we’re also offering a couch potato option to support the cause from the comfort of your couch.

- **Who**: Anyone anywhere can join to support friends, family and others who challenge themselves daily to adapt to their “new normal.” Trauma Survivors receive 50% off registration by using SURVIVOR2022 at check-out.

- **When**: You can choose any day in May to complete your 5k or 1 mile run/walk/cycle/roll.

May 1-31, 2022  > More Info

Registration for the 5K/1 Mile is $40 per person and includes:

- Race to Rebuild t-shirt
- Custom Race Day Bib
- Other fun TSN Swag
- Pre-race training support

REGISTRATION:

Registration for the Couch Potato option is $20 per person and includes:

- Race to Rebuild t-shirt
Upcoming ECHO sessions

To register for any of our Project ECHO Clinics use your phone camera and scan this QR Code to register

To learn more or join us for one of the sessions visit our website
https://physicians.utah.edu/echo/

For questions please contact us at project.echo@hsc.utah.edu

Launching This Month New ECHO Series: Long COVID and Post-Viral Syndrome

Held bi-weekly starting
April 19, 2022 noon -1pm

The University of Utah Project ECHO team will provide training, mentorship, and support to learners on the current best practices and evidence-based care management of patients with PASC (Long COVID) and Post-Viral Syndromes.

Lucinda Bateman, MD, Brayden Yellman, MD, and Jeanette Brown, MD will be the lead mentors for this ECHO series. Participants will be able to submit patient cases after an introductory group of sessions.

The CDC and AAPM&R predict between ten to thirty percent of people who had COVID-19 will go on to develop Post-Acute Sequelae of COVID-19 (PASC), also known as Long COVID. That means anywhere between 3 and 10 million Americans are experiencing symptoms associated with a post-viral syndrome.

It is critical to equip healthcare professionals, of varying skill level and specialty, with adequate knowledge and tools to effectively approach and manage the care of patients with Long COVID without relying solely on Post-COVID Care Clinics. Applying what we know from other post-viral syndromes such as ME/CFS, early and informed interventions ensure disease manageability and improved patient outcomes.

Register HERE or use this QR Code
**Autism 101:**
Held the fourth Wednesday of the month from noon – 1:00pm

**April 26:** Diagnostic Evaluation, Paul Carbone, MD; Michele Villalobos, PhD; Allison Elzey, MD; Ashley Stuart, PhD (UDAC)

For questions please reach out to Michelle Redfield, michelle.redfield@hsc.utah.edu

CLICK HERE to SUBMIT a CASE
CLICK HERE TO JOIN BY ZOOM

**Behavioral Health:**
Held weekly on Thursdays from noon – 1pm. We hope you can join us for these important and timely sessions on Substance Use Disorder and Addiction.

**April 7:** Evaluating Sleep Complaints in Primary Care, Jeremy Stoddart, MD
**April 14:** Insomnia, Parisa Kaliush, Clinical Psychology PhD student
**April 21:** Common sleep disorders, diagnosis and management, Jeremy Stoddart, MD
**April 28:** Case Presentations

For questions please reach out to Sarah Day, sarah.day@hsc.utah.edu

CLICK HERE TO SUBMIT A CASE
CLICK HERE TO JOIN BY ZOOM

**COVID-19:**
Monday, April 11th from noon – 1pm

Session moving forward will be limited to needed updates. Check this newsletter for information on when sessions will be held. Thank you for your support of this ECHO series.

**April 11:** COVID & Pregnancy Update, Torri Metz, MD

For questions reach out to Sarah Day, sarah.day@hsc.utah.edu

CLICK HERE TO JOIN BY ZOOM

**Endocrinology:**
Held monthly on Tuesdays, from noon – 1pm

**April 26:** Opioid Induced Endocrinopathy, Vishnu Sundaresh, MD CCD

For questions reach out to Genevieve Ellis, genevieve.ellis@hsc.utah.edu

CLICK HERE TO SUBMIT A CASE
CLICK HERE TO JOIN BY ZOOM

**Family Planning ECHO:**
Held the 2nd Wednesday of Every Month, 7:30am - 8:30am (MST)

**April 13:** Accessing Abortion Care in Restrictive States: Utah as a Case Example, Kathryn Fay, MD

This session will present the features of Utah that create significant reproductive health needs and complicate access to care followed by a review of the current landscape of state regulations, which are common to many restrictive states. The session will conclude with a recognition that Utahans have long faced not just legal, but also social, geographical, and economic hurdles, and their journeys are instructive for the anticipated national changes to come. The didactic session will be followed by case reviews with Amy Clement, MD

For questions please reach out to Erica Torres, erica.torres@hsc.utah.edu

CLICK HERE TO SUBMIT a CASE
CLICK HERE TO JOIN BY ZOOM
**Gastroenterology & Liver Care:**
Held bi-weekly on Tuesdays from 7:30 – 8:30 am with Terry Box, MD, Shaun Chandna, DO (Hepatology), Kathleen Boynton, MD (Gastroenterology), John Valentine, MD (Gastroenterology), and Tony Dalpiaz, Pharm D (Clinical Pharmacy).
For questions reach out to Jared Price, jared.price@hsc.utah.edu

**Hepatitis C Virus:**
Held weekly on Fridays from 11:30 am – 1pm with Terry Box, MD (Hepatology) and Tony Dalpiaz, Pharm D (Clinical Pharmacy)

April 8: **No Session this day**

For questions reach out to Sarah Day, sarah.day@hsc.utah.edu

**Integrative Primary Care & Substance Use Disorder Treatment**
Held every other Friday, noon – 1 pm
Additional Sessions on “off” Fridays, noon – 1 pm (Jan 28, Feb 11, etc.) in collaboration with Utah Rural Opioid Health Consortium (UROHC) and Nurse Education, Practice, Quality, and Retention Program (NEPQR) on topics more specific to opioids and nursing

April 1: Behavioral Changes as a Result of Addiction, Elizabeth Howell, MD
April 8: UROHC: Accessing Rural Community Resources, Utah Support Advocates for Recovery Awareness Staff
April 15: Motivational Interviewing and Other Psychotherapies, Kelly Lundberg, PhD
April 22: UROHC: Role of Non-Physician Staff in Providing MOUD Services, Amber Dickamore
April 29: Trauma, Mental Health, and Addiction, Sarah Shea, CSW

For questions, please reach out to Ryan Schlehuber, ryan.schlehuber@hsc.utah.edu

**Pediatrics:**
Held Wednesdays from noon – 1pm

April 6: Chronic Pediatric Pain Management, Ben Moresco, MD; Dominic Moore, MD; Zainab Kagen, MD
April 13: Enhancing Coordination and Communication by Improving Referrals, Abby Rose, Emma Baldry
April 20: Tribal Programs and Resources, Christian Curtis, Nicole Craven
April 26: Autism Model Session: Diagnostic Evaluation, Paul Carbone, MD; Michele Villalobos, PhD; Allison Ellzey, MD; Ashley Stuart, PhD (UDAC)

For questions please reach out to Michelle Redfield, michelle.redfield@hsc.utah.edu
**Post-Acute Care:**

**Held the second Wednesday of the month from 11:00 – noon**

Please join us as we relaunch our Post-Acute Care ECHO. Sessions will be held once a month on the second Wednesday of the month from 11:00 am - noon. This will be in collaboration with the Utah Department of Health HAI team. Sessions will focus on infection prevention, higher-acuity care, and audience requested topics. Jason Spaulding, MD will lead these sessions along with Utah Department of Health HAI team members.

**April 13:** Mental Health of Residents, Loneliness and Isolation, and Dementia. Anne Asman, MS

For questions please reach out to Sarah Day, sarah.day@hsc.utah.edu

[CLICK HERE TO JOIN BY ZOOM]

**Pregnancy Care:**

Held bi-weekly on Fridays from noon – 1pm

**April 8:** Sepsis in Pregnancy, Susan Dalton, MD
**April 22:** Prenatal Genetic Screening and Testing: An Overview, Jhennette Lauder, MD

For questions please reach out to Allie Evans at allie.evans@hsc.utah.edu

[CLICK HERE to SUBMIT a CASE]
[CLICK HERE TO JOIN BY ZOOM]

**Safe and Healthy Families ECHO**

This meeting is held bi-weekly on Thursdays from noon – 1pm.

Mentors for this series include Kristine Campbell, MD, MSc, and Antoinette Laskey, MD, MPH, MBA.

No sessions held this month. Check back next month for our session line-up

For questions please reach out to Tori Gean, victoria.gean@hsc.utah.edu

[CLICK HERE TO JOIN BY ZOOM]

**Data Usage Notification**

In order to support the growth of the ECHO movement, Project ECHO® collects participation data for each ECHO program. This data allows Project ECHO to measure, analyze, and report on the movement’s reach. It is used in reports, on maps and visualizations, for research, for communications and surveys, for data quality assurance activities, and for decision-making related to new initiatives. Please contact us at project.echo@hsc.utah.edu with any questions or concerns.