UTAH AIDS EDUCATION & TRAINING CENTER ONLINE PROGRAMS:
TRANSGENDER MEDICINE, ADDICTION MEDICINE & HIV

The Utah AIDS Education and Training Center is launching two online programs:

- Transgender Medicine
- Addiction Medicine & HIV - enroll now for Spring 2022

The online programs will be hosted via Canvas. It's free to register and you can receive up to 20 CME/CE for completing both programs.

Each program will release new cohorts on the 1st day of every-other month. The first 2 months will be capped at 10 participants so we can gather feedback about the program and make changes as needed.

> Transgender Medicine  > Addiction/HIV

GENDER AFFIRMING CARE, SEXUAL HEALTH, AND HIV PREVENTION IN PRIMARY CARE CONFERENCE

Conference Topics Include:

STI Update, COVID Update, Rural HIV/LGBTQ+ Healthcare, Gender Affirming Health, HIV Prevention in Primary Care, and Gender Affirming Healthcare Across the Lifespan.

March 31 - April 2  > More info

TRAUMA GRAND ROUNDS

The topic for March is The Global Burden of Trauma, with a presentation by Sudha Jayaraman, MD, MsC, FACS.

March 17, 7:30am  > More Info

EMS QUARTERLY CASE REVIEW

The Quarterly Review purpose is to collaborate on these challenging cases and share successes and quality improvement opportunities.

Did you miss this months session. View the information below.

> Past information  > View the flyer
WINTER INJURY PREVENTION LEARNING SERIES

Our Injury Prevention learning series strives to create an interactive virtual learning environment for our community, community partners and health care personnel. Our focus is to provide injury prevention methods for varying high incidence mechanisms in our area as they relate to activity and season changes. Please join our health care and community experts in sharing their expertise and experience to help everyone safely navigate different seasonal activities.

March 15, 11:30am  > Watch Series  > Program Flyer

PALLIATIVE CARE EDUCATION SERIES

Specialists at University of Utah Health discuss essentials in palliative and hospice care. Our final topic is Eliciting a Shared Plan of Care.

March 29, noon
For more info, visit uofuhealth.org/palliativecare  > See past events on YouTube

TRAUMA SURVIVORS NETWORK RACE TO REBUILD

The University of Utah Health is part of the Trauma Survivors Network and happy to support and participate in the 2022 Race To Rebuild.

- **What:** Race to Rebuild is a virtual 5K/1 mile run/walk/cycle/roll event that anyone can join in support of trauma survivors and the incredible challenges they face every day. This year, we’re also offering a couch potato event to support the cause from the comfort of your couch.

- **Who:** Anyone anywhere can join in support of friends, family and others who challenge themselves daily to adapt to their "new normal". Trauma Survivors receive 50% off registration by using SURVIVOR2022 at check-out.

- **When:** You can choose any day in May to complete your 5k or 1 mile run/walk/cycle/roll.

March 1–31, 2022  > More Info

Registration for the 5K/1 Mile is $40 per person and includes:
- Race to Rebuild t-shirt
- Custom Race Day Bib
- Other fun TSN Swag
- Pre-race training support

Registration for the Couch Potato option is $20 per person and includes:
- Race to Rebuild t-shirt
DE-ESCALATION TRAINING

As violence against health care workers continues to escalate, providers and staff must know how to recognize an escalating crisis, respond appropriately, and protect personal safety.

This one-hour class is designed for clinical teams, physicians, and administrators. We'll discuss specifics from your clinic, and teach de-escalation skills that are transferable to different situations.

> More details  > Request training

LEADERSHIP COURSES FOR HEALTH CARE PROFESSIONALS

These courses are offered for clinical staff leadership, administrators, or any others who fill a management role.

**Employee Engagement.** This course teaches how leaders can strengthen the connection between employees and the organization.

**Managing vs Leading.** Learn skills to influence your staff, and identify the differences between managing and leading.

To schedule for your team, contact education@hsc.utah.edu

REGIONAL GI ONCOLOGY VIRTUAL MEETING

**Comprehensive Care for Patients with Colorectal Cancer: Fertility, Rehabilitation, Frailty, and The Elderly.**

In celebration of National Colorectal Cancer Awareness Month, we'll be focusing on patient-centered care. Please join us as we explore a diverse yet interlinked set of topics including oncofertility, rehabilitation after cancer treatment (e.g., pelvic physical therapy), supporting our geriatric patients in their cancer journey and survivorship, and optimizing elderly and frail patients for surgery. We'll describe how we integrate these programs into cancer treatment at the Huntsman Cancer Institute and future directions.

March 21, 5:30pm  > Registration and details
March 2022 Newsletter

Upcoming ECHO sessions

To register for any of our Project ECHO Clinics use your phone camera and scan this QR Code to register

To learn more or join us for one of the sessions visit our website
https://physicians.utah.edu/echo/

For questions please contact us at project.echo@hsc.utah.edu

Launching Next Month New ECHO Series: Long COVID and Post-Viral Syndrome

Held bi-weekly starting
April 19, 2022 noon -1pm

The University of Utah Project ECHO team will provide training, mentorship, and support to learners on the current best practices and evidence-based care management of patients with PASC (Long COVID) and Post-Viral Syndromes.

Lucinda Bateman, MD, Brayden Yellman, MD, and Jeanette Brown, MD will be the lead mentors for this ECHO series. Participants will be able to submit patient cases after an introductory group of sessions.

The CDC and AAPM&R predict between ten to thirty percent of people who had COVID-19 will go on to develop Post-Acute Sequelae of COVID-19 (PASC), also known as Long COVID. That means anywhere between 3 and 10 million Americans are experiencing symptoms associated with a post-viral syndrome.

It is critical to equip healthcare professionals, of varying skill level and specialty, with adequate knowledge and tools to effectively approach and manage the care of patients with Long COVID without relying solely on Post-COVID Care Clinics. Applying what we know from other post-viral syndromes such as ME/CFS, early and informed interventions ensure disease manageability and improved patient outcomes.

Register HERE or use this QR Code
New Sessions added for Pediatrics ECHO: Autism 101

On the fourth Wednesday of each month through October 2022 from noon – 1pm, we are adding an Autism 101 module to the 2022 ECHO series. During this additional ECHO Module we will focus on the unique needs of children with autism spectrum disorder (ASD). Faculty from the University of Utah Developmental Assessment Clinics will cover topics that are of importance to primary care providers including: early signs, autism screening tools, when to refer for an autism evaluation and how to communicate concerns to caregivers, components of the diagnostic evaluation, identification and management of common co-occurring conditions (such as insomnia, gastrointestinal problems, anxiety and ADHD) and more. Registration for the Autism 101 modules is available on the Pediatrics ECHO website

For questions, please reach out to Michelle Redfield, michelle.redfield@hsc.utah.edu

Behavioral Health:
Held weekly on Thursdays from noon – 1pm. We hope you can join us for these important and timely sessions on Substance Use Disorder and Addiction.

March 3: Ketamine, Paul J. Carlson, MD
March 10: Psychedelics in Mental Health Care, Kevin Byrne, MD
March 17: Spring Break, No Session
March 24: Case Presentations, Paula Gibbs, MD
March 31: Collaborative Care Models and Mental Health Integration, Rachel Weir, MD

For questions please reach out to Sarah Day, sarah.day@hsc.utah.edu

CLICK HERE TO SUBMIT A CASE
CLICK HERE TO JOIN BY ZOOM

COVID-19:
Held monthly on Mondays from noon – 1pm

Session moving forward will be limited to needed updates. Check this newsletter for information on when sessions will be held. Thank you for your support of this ECHO series.

March 21: New Utah COVID19 Monitoring System, Leisha Nolen, MD (State Epidemiologist)

For questions reach out to Sarah Day, sarah.day@hsc.utah.edu

CLICK HERE TO JOIN BY ZOOM

Endocrinology:
Held monthly on Tuesdays, from noon – 1pm

March: TBD
For questions reach out to Genevieve Ellis, genevieve.ellis@hsc.utah.edu

CLICK HERE TO SUBMIT A CASE
CLICK HERE TO JOIN BY ZOOM

Family Planning ECHO:
Held the 2nd Wednesday of Every Month, 7:30am - 8:30am (MST)

March 9: Best Practices in Teaching Adolescent Health Education in Utah, Annabel Sheinberg and Ocean Candler

For questions please reach out to Erica Torres, erica.torres@hsc.utah.edu

CLICK HERE TO SUBMIT a CASE
CLICK HERE TO JOIN BY ZOOM
# Gastroenterology & Liver Care:
Held bi-weekly on Tuesdays from 7:30 – 8:30 am with Terry Box, MD, Shaun Chandna, DO (Hepatology), Kathleen Boynton, MD (Gastroenterology), John Valentine, MD (Gastroenterology), and Tony Dalpiaz, Pharm D (Clinical Pharmacy).
For questions reach out to Jared Price, jared.price@hsc.utah.edu

[CLICK HERE to SUBMIT a CASE]
[CLICK HERE TO JOIN BY ZOOM]

# Hepatitis C Virus:
Held weekly on Fridays from 11:30 am – 1pm with Keisa Lynch, DNP, APRN, FNP (Hepatology) and Tony Dalpiaz, Pharm D (Clinical Pharmacy)
For questions reach out to Sarah Day, sarah.day@hsc.utah.edu

[CLICK HERE to SUBMIT a CASE]
[CLICK HERE TO JOIN BY ZOOM]

# Integrative Primary Care & Substance Use Disorder Treatment
Held every other Friday, noon – 1 pm
Additional Sessions on “off” Fridays, noon – 1 pm (Jan 28, Feb 11, etc.) in collaboration with Utah Rural Opioid Health Consortium (UROHC) and Nurse Education, Practice, Quality, and Retention Program (NEPQR) on topics more specific to opioids and nursing

**March 4:** Cultural Issues Surrounding SUD in Rural Utah Panel Discussion, Ashley Yaugher, PhD; Shannon Tooke, MHR, MBA; Logan Reid
**March 11:** Additional session in collaboration with UROHC and NEPQR,
**March 18:** Harm Reduction Strategies, Paula Cook, MD
**March 25:** Hepatitis C and SUD, Terry Box, MD

For questions, please reach out to Ryan Schlehuber, ryan.schlehuber@hsc.utah.edu

[CLICK HERE TO SUBMIT A CASE]
[CLICK HERE TO JOIN BY ZOOM]

# Pediatrics:
Held Wednesdays from noon – 1pm
**March 2:** Foster Care, Julie Steele, DNP, MN, FNP
**March 9:** Acute Pediatric Pain Management, Ben Moresco, MD, Dominic Moore, MD, Zainab Kagen, MD
**March 16:** No session scheduled
**March 23:** Autism Module: Surveillance and Screening, Paul Carbone, MD, Michele Villalobos, Ph.D., Allison Elzione, MD, Ashley Stuart, Ph.D. (UDAC)
**March 30:** Sleep Issues, Alison Elzione, MD

For questions please reach out to Michelle Redfield, michelle.redfield@hsc.utah.edu

[CLICK HERE to SUBMIT a CASE]
[CLICK HERE TO JOIN BY ZOOM]
**Post-Acute Care:**

*Held the second Wednesday of the month from 11:00 – noon*

Please join us as we relaunch our Post-Acute Care ECHO. Sessions will be held once a month on the second Wednesday of the month from 11:00 am - noon. This will be in collaboration with the Utah Department of Health HAI team. Sessions will focus on infection prevention, higher-acuity care, and audience requested topics. Jason Spaulding, MD will lead these sessions along with Utah Department of Health HAI team members.

**March 9:** Utah COVID Numbers Update, Scarlett Thomas, MSPH, Managing C.diff (CDI) in Congregate Care Settings, Linda Rider, RN, BSN, CIC, Angela Weil, APRN, and Jason Spaulding, MD

For questions please reach out to Sarah Day, **sarah.day@hsc.utah.edu**

**CLICK HERE TO JOIN BY ZOOM**

**Pregnancy Care:**

*Held bi-weekly on Fridays from noon – 1pm*

**March 11:** Shared Decision Making in Obstetrics, Ashley Shea, MD

**March 25:** Trauma in Pregnancy, Ann Bruno, MD

For questions please reach out to Allie Evans at **allie.evans@hsc.utah.edu**

**CLICK HERE to SUBMIT a CASE**

**CLICK HERE TO JOIN BY ZOOM**

**Safe and Healthy Families ECHO**

This meeting is held bi-weekly on Thursdays from noon – 1pm.

Mentors for this series include Kristine Campbell, MD, MSc, and Antoinette Laskey, MD, MPH, MBA.

**March 10:** Child fatality reviews, Andrew Sirotnak Colorado Children’s, Univ. of Colorado

**March 24:** Child abuse peds research methods: Cohort, case-control and cross-sectional studies, Heather Keenan

**March 31:** Ethics topic in child abuse pediatrics, Larissa Hines (University of Oklahoma)

For questions please reach out to Tori Gean, **victoria.gean@hsc.utah.edu**

**CLICK HERE TO JOIN BY ZOOM**

**Data Usage Notification**

In order to support the growth of the ECHO movement, Project ECHO® collects participation data for each ECHO program. This data allows Project ECHO to measure, analyze, and report on the movement’s reach. It is used in reports, on maps and visualizations, for research, for communications and surveys, for data quality assurance activities, and for decision-making related to new initiatives. Please contact us at **project.echo@hsc.utah.edu** with any questions or concerns.