ADVANCES IN INJURY PREVENTION: SAFELY EXPLORING UTAH’S GREAT OUTDOORS

Participation in outdoor activities in our great state and across the county has increased since 2020. People are either reigniting their passion for the outdoors, or experiencing it for the first time. Whichever you are, this collaborative podcast can help anyone learn about the places to explore in Utah and how to do so safely.

> Listen on Spotify
> Listen on Apple Podcasts

DE-ESCALATION TRAINING

This one-hour class teaches de-escalation skills that are transferable to different situations. As health care providers, we see people when they are at their worst, when they are in crisis. You’ll learn how to identify these crisis behaviors. We will discuss how to recognize an escalating crisis, and how to respond appropriately.

> Request training
> See the flyer

MULTIPLE MYELOMA

This virtual event will feature four didactic presentations from specialists at Huntsman Cancer Institute. Topics will include frontline therapies, and management of toxicities.

December 15, 6:30 pm

> View the flyer

TRAUMA NURSING CORE COURSE

TNCC is a two-day course that prepares nurses for life threatening trauma cases. This course is best for ED and ICU nurses. There is a cost associated with this course.

We have two options:
- Attend a class at the U of U.
- Host a course at your facility.

> More info
SUBSTANCE USE DISORDER

Project ECHO is pleased to announce a new series, discussing addiction care, opioid use, and pain management. For details, see page 5 of this newsletter or visit the Project ECHO website.

> Begins January 21, 2022

EMS TRAUMA GRAND ROUNDS

EMS Trauma Grand Rounds is based around up to date, evidence-based scene interventions with regards to care of the trauma patient.

The topic for December is *Traumatic Spinal Cord Injury Management*, with a presentation by Jeffrey Nadel, MD, MS.

December 8, 2 pm  > View the flyer

RN WOUND CARE TRAINING

New 2022 dates for the RN Wound Care Training Program. The RN Wound Care Training Program is a three day hands-on training across multiple settings:

Day 1: Lymphedema Clinic
Day 2: Burn Intensive Care Unit; Burn Outpatient Clinic
Day 3: Wound Ostomy Team. We can accommodate one nurse per training at this time.

> See the dates, and register for this course

TELEHEALTH TECHNOLOGY SHOWCASE

Save the Date for *Building Tomorrow’s Virtual Healthcare With Today’s Technology: A National Virtual Technology Showcase*. This two-day event will feature several telemedicine use case scenarios where patients, caregivers, and providers present virtual care models such as emergency services, behavioral health, school-based care, remote patient monitoring and direct to consumer patient care.

Attendees will have an opportunity to discuss the various telehealth technologies used in the telemedicine scenarios with the vendors themselves. Exciting Keynote presenters will kick off each day of the two-day event.

> February 2–3, 2022

> Register for this event
UTAH AIDS EDUCATION & TRAINING CENTER
ONLINE PROGRAMS: TRANSGENDER MEDICINE,
ADDICTION MEDICINE & HIV

The Utah AIDS Education and Training Center is launching two online programs:
- Transgender Medicine
- Addiction Medicine & HIV - enroll now for Spring 2022

The online programs will be hosted via Canvas. It's free to register and you can receive up to 20 CME/CE for completing both programs.

Each program will release new cohorts on the 1st day of every-other month. The first 2 months will be capped at 10 participants so we can gather feedback about the program and make changes as needed. Future cohorts will be capped at 100 participants.

> Program flyer  > Transgender Medicine  > Addiction/HIV

GENDER AFFIRMING CARE, SEXUAL HEALTH, AND HIV PREVENTION IN PRIMARY CARE CONFERENCE

Conference Topics Include:
STI Update, COVID Update, Rural HIV/LGBTQ+ Healthcare, Gender Affirming Health, HIV Prevention in Primary Care, Gender Affirming Healthcare Across the Lifespan.

March 31 – April 2

> More info

12 LEAD ECG CLASS — VIRTUAL

This course teaches participants how to identify acute myocardial infarction by location and a new bundle branch block, differentiating between stable and unstable angina, and identifying ACS treatment guidelines. 12 Lead ECG interpretation. Must have some baseline ECG knowledge.

Join on December 16

> Register here

PALLIATIVE CARE EDUCATION SERIES

This series is presented by specialists at University of Utah Health and Primary Children’s Medical Center.

Topics include providing emotional support for patients and families, and common misconceptions about hospice and end of life care.

Our next topic is Hospice: The ‘H’ Word. This presentation, by Peter Hannon, MD, will be held on January 25, at noon.

> Register on Zoom

Our first two topics were Advanced Care Planning and Responding to Emotion and Delivering Serious News. Recordings are available on YouTube.

For more info on topics, dates, and presenters, visit: uofuhealth.org/palliativecare

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@uofuhealthnetwork  @UofUHealthNetwork
December 2021 Newsletter

Upcoming ECHO sessions

For questions please contact us at project.echo@hsc.utah.edu

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**New ECHO Series: Integrative Primary Care & Substance Use Disorder Treatment**

Every other Friday, noon – 1 pm, starting January 21, 2022

We are excited to introduce a new ECHO series, Integrative Primary Care & Substance Use Disorder Treatment. Join Elizabeth Howell, MD, MS, Director of the University of Utah Addiction Psychiatry and Addiction Medicine Fellowships, Steven Godin, PhD, MPH, PHI Certificate, and other addiction experts as we explore treating substance use disorder (SUD) in the primary care setting and strengthening community networks to support recovery. Topics will range from the basics of diagnosing and treating SUD to learning how to destigmatize SUD in the community. Sessions will include both didactic and case presentation components. We invite you to come learn more and participate in open discussions around this growing issue in our communities. More details about the curriculum will be available in the coming weeks.

Register in advance for this meeting: Zoom Registration

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**New ECHO Series: PASC and Post-Viral Syndrome ECHO**

Every other Tuesday, from noon – 1pm, Launching March 1, 2022

To date, approximately 48 million cases of COVID-19 have been reported in the United States, (CDC Data Tracker). The CDC and AAPM&R predict between 10%-30% of people who had COVID-19 will go on to develop Post Acute Sequelae of COVID-19 (PASC), also known as Long COVID (AAPM&R). The impact this post-viral syndrome is having on our healthcare and economic system(s) is overwhelming and not sustainable. While Post-COVID Care Clinics (PCCC) are increasing around the United States, they remain saturated with long wait lists. It is critical to equip healthcare professionals, of varying skill level and specialty, with adequate knowledge and tools to effectively approach and manage the care of patients with PASC without relying solely on PCCC. Early and informed interventions ensure disease manageability and improves the patient’s overall wellness and functionality.

Lucinda Bateman, MD, Brayden Yellman, MD, and Jeanette Brown, MD will be the lead mentors for this ECHO series. Cohort participants will be able to submit patient cases after an introductory group of sessions.

For more information on how you sign up as a participant in this limited cohort group click HERE

Stay tuned for more information coming January 2022 regarding this important new offering.
Behavioral Health:
Held weekly on Thursdays from noon – 1pm. We hope you can join us for these important and timely sessions on Substance Use Disorder and Addiction.

December 2: Stimulant Use Disorder, Greg Jones, MD
November 9: Cannabis Use Disorder, Jeff Clark, MD
November 16: Case Presentations, Paula Gibbs, MD, Carlie Benson, MD
Please submit your patient cases for this session

For questions please reach out to Sarah Day, sarah.day@hsc.utah.edu

CLICK HERE TO SUBMIT A CASE
CLICK HERE TO JOIN BY ZOOM

COVID-19:
Held monthly on Mondays from noon – 1pm

No COVID-19 ECHO in December we will be back January 2022

For questions reach out to Sarah Day, sarah.day@hsc.utah.edu

CLICK HERE TO JOIN BY ZOOM

Endocrinology:
Held monthly on Tuesdays, from noon – 1pm

December 14: Principals of Insulin Pumps, Gitana Staskus, MD, CCD

For questions reach out to Genevieve Ellis, genevieve.ellis@hsc.utah.edu

CLICK HERE TO SUBMIT A CASE
CLICK HERE TO JOIN BY ZOOM

Family Planning ECHO:
Held the 2nd Wednesday of Every Month, 7:30am - 8:30am

December 8: Complex Feelings Around Pregnancy
Presented by: Jen Robinson (she/her), MS, WHNP-BC, CNM and Connie Folse (she/her), MPH, CHES

Have you ever had a client with whom you were confused about whether or not they desired pregnancy? Or maybe a client who indicated they weren’t trying to get pregnant but they weren’t using (or weren’t interested in using) birth control? Desires and feelings about pregnancy are very complex and influenced by many factors and mixed feelings about pregnancy are extremely common. In this webinar, we will deconstruct the concept of pregnancy ambivalence and review strategies to support reproductive autonomy in the primary care setting. Case presentation to follow the didactic session with Amy Clement, MD.

For questions please reach out to Erica Torres, erica.torres@hsc.utah.edu

CLICK HERE TO SUBMIT a CASE
CLICK HERE TO JOIN BY ZOOM

Gastroenterology & Liver Care:
Held bi-weekly on Tuesdays from 7:30 – 8:30 am with Shaun Chandna, DO (Hepatology), Kathleen Boynton, MD (Gastroenterology), John Valentine, MD (Gastroenterology), and Tony Dalpiaz, Pharm D (Clinical Pharmacy).

For questions reach out to Jared Price, jared.price@hsc.utah.edu

CLICK HERE to SUBMIT a CASE
CLICK HERE TO JOIN BY ZOOM
**Hepatitis C Virus:**
Held weekly on Fridays from 11:30 am – 1pm with Keisa Lynch, DNP, APRN, FNP (Hepatology) and Tony Dalpiaz, Pharm D (Clinical Pharmacy)

**No HCV ECHO Clinic December 24**  
**No HCV ECHO Clinic December 31**
For questions reach out to Sarah Day, sarah.day@hsc.utah.edu
[CLICK HERE to SUBMIT a CASE](#)  
[CLICK HERE TO JOIN BY ZOOM](#)

**Pediatrics:**
Held Wednesdays from noon – 1pm

**December 8:** Peer Mentors. Karissa McDonald  
**December 15:** Trauma, Substance Exposure, and Sensory Concerns, Pat Boyle
For questions please reach out to Michelle Redfield, michelle.redfield@hsc.utah.edu
[CLICK HERE to SUBMIT a CASE](#)  
[CLICK HERE TO JOIN BY ZOOM](#)

**Post-Acute Care:**
**Held the second Wednesday of the month from 11:00 – noon**
Please join us as we relaunch our Post-Acute Care ECHO. Sessions will be held once a month on the second Wednesday of the month from 11:00 am – noon. This will be in collaboration with the Utah Department of Health HAI team. Sessions will focus on infection prevention, higher-acuity care, and quality improvement. Jason Spaulding, MD and Adrienne Butterwick, MPH CHES will lead these sessions along with Utah Department of Health HAI team members.

**December 8:** COVID Variants
For questions please reach out to Sarah Day, sarah.day@hsc.utah.edu
[CLICK HERE TO JOIN BY ZOOM](#)

**Pregnancy Care:**
Held bi-weekly on Fridays from noon – 1pm

**December 3:** Antenatal Steroids: Common Questions, Amy Sullivan, MD  
**December 17:** Pregnancy Risk/Mother to Baby, Al Romeo, PHD, RN
For questions please reach out to Allie Evans at allie.evans@hsc.utah.edu
[CLICK HERE to SUBMIT a CASE](#)  
[CLICK HERE TO JOIN BY ZOOM](#)

**Safe and Healthy Families ECHO**
This meeting is held bi-weekly on Thursdays from noon – 1pm.
Mentors for this series include Kristine Campbell, MD, MSc, and Antoinette Laskey, MD, MPH, MBA.

**December 9:** Intergenerational Poverty, Tracy Gruber, Director, Dept of Human Services, Utah
For questions please reach out to Tori Gean, victoria.gean@hsc.utah.edu
[CLICK HERE TO JOIN BY ZOOM](#)
In order to support the growth of the ECHO movement, Project ECHO® collects participation data for each ECHO program. This data allows Project ECHO to measure, analyze, and report on the movement’s reach. It is used in reports, on maps and visualizations, for research, for communications and surveys, for data quality assurance activities, and for decision-making related to new initiatives. Please contact us at project.echo@hsc.utah.edu with any questions or concerns.